



**PE Central Professional Development – Online Courses**  
**Enroll Now:** [ssww.teachable.com](http://ssww.teachable.com)

**Course:** Integrating Literacy into Physical Education: Why It Matters and How to Implement

**Course Dates:** Ongoing

**Cost:** \$119.00

**Credit:** 15 hours

**Instructor:** Charles Silberman, Prince Georges County Public School, Upper Marlboro, MD

**Assignments:**

- Read articles and watch videos educating students on integrating literacy in physical education, why it is important, benefits to students, and literacy components
- Take quizzes and post discussion board questions about literacy and PE
- Create your own physical education literacy integration plans

**Who Should Take:** K-12 physical education teachers.

**Course Purpose/Description:** To introduce the overall concept of literacy and demonstrate how literacy strategies can be implemented in a physical education setting. Students also create PE literacy plans to use in daily classroom instruction.

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**Benefits:**

- Flexibility - Complete assignments at your own pace and schedule
- Grade free - Complete your assignments, get feedback from instructor and platform.

**What you will get out of the course:**

- 15 hours of Professional Development credit (check with your principal)
- Certificate of completion
- 1 CEU Credit (St. Mary's College of California)

**What you need to take the course:**

- Access to the Internet using a computer and ability to view videos, PDF and Microsoft Word documents.

**To Learn More Contact Mark Manross at PE Central**

678-764-2536 (cell), 540-953-1043 (office)

Web: <http://ssww.teachable.com> Email: [ecourses@pecentral.org](mailto:ecourses@pecentral.org)