



**PE Central Professional Development**  
**Enrol Now: [ssww.teachable.com](http://ssww.teachable.com)**

**Course Name:** Introduction to Physical Literacy

**Course Dates:** Ongoing

**Cost:** \$49.00

**Credit:** 4 hours

**Instructor:** Stephen M. Boyle, M.S. Ed, 241Sports.com, West Hartford, CT

**Assignments:**

- Watch and review video clips of our instructor discussing Physical Literacy
- Engage in discussions with other students about your thoughts on Physical Literacy
- Read relevant publications about Physical Literacy in the U.S. and around the globe and take quizzes that allow you to show your knowledge.

**Who Should Take:** K-12 physical education teachers as well as coaches and program directors who are interested in learning more about Physical Literacy.

**Course Purpose/Description:** This course is designed to give you a general understanding of what Physical Literacy is and how it relates to the field of physical education.

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**Benefits:**

- Flexibility - Complete assignments at your own pace and schedule
- Grade free - Complete your assignments, get feedback from instructor and our platform.

**What you will get out of the course:**

- 4 hours of Professional Development credit (no college credits at this time)
- Certificate of completion

**What you need to take the course:**

- Access to the Internet using a computer and ability to view videos, PDF and Microsoft Word documents.

**To Learn More Contact Mark Manross at PE Central**

678-764-2536 (cell), 540-953-1043 (office)

Web: <http://ssww.teachable.com> Email: [ecourses@pecentral.org](mailto:ecourses@pecentral.org)