



**Course Name:** Introduction to Aromatherapy for Health Care & Wellness

**Course Dates:** Ongoing

**Cost:** \$59.00

**Credit:** 4 hours of Professional Development

**Instructor:** Rebecca Hintz

### **Assignments:**

- Watch the Videos
- Read Information
- Answer discussion board questions

**Course Purpose/Description:** This course will provide you with basic knowledge about Aromatherapy so that you can share the benefits that essential oils provide with patients, students or even friends and family.

Over the last 20 years or so, there has been renewed interest by both the general public and health practitioners to utilize natural solutions, including essential oils, as treatments for growing health concerns. Truthfully, the use of essential oils has never stopped, but the scientific revolution did minimize the popularity and daily use of them when the age of "modern medicine" took hold. Today's heightened awareness of synthetics, coupled with the increased availability of aromatherapy information found within books, courses, and scientific articles easily accessed over the internet, has reestablished the use of essential oils for medicinal use.

Today, trained professionals such as: aromatherapists, physical therapists, massage therapists, nutritionists, dentists, family practitioners, surgeons, nurses, and alternative medical practitioners, use essential oils in their practice. It's expected that in the coming years, essential oils will be used more and more to support health and wellness worldwide.

### **Additional benefits of taking this course:**

- 4 hours of Professional Development
- FREE resources, tools and DIY recipes
- Certificate of completion
- Glossary – Descriptions of essential oils, their benefits and how to use for health care

### **What you need to take the course:**

- Access to the Internet using a computer, a working email.